

First Person

Contributions from farmers, cooks, and others who are tasting the many meanings of food.



Thanksgiving perfection — You don't have to channel Martha Stewart By Meredith Resnick November 22, 2011

Slow food, redefined — Trying not to rush the family meal By Steve Holt November 4, 2011

Feeding family — A freezer full of food is love By Suzanne Cope October 25, 2011

The born-again ormivore — How one woman shunned and then ate — meat By Kathleen Weldon October 6, 2011

Adv ertisement

Want more? Comb the archives

Ads by foodbuzz

culinate 8



Fish without fear Eight tips for buying whole fish Here's how to search out better fish at the market.

subscribe

Enter Email Address

graze BITES FROM THE SITE

Spaghetti on the Wall





Thanksgiving perfection

You don't have to channel Martha Stewart

By Meredith Resnick November 22, 2011

For three decades, my big sister's Thanksgiving feasts included not one but two main dishes, a roaring fire in the hearth, and no less than three homemade pies, each one a different flavor.



In 2005, my sister announced that she wasn't hosting the annual dinner because her grown daughter was relocating to Seattle from southern California and she wanted to help her move. I should have been fine with this, but I wasn't. I may have been 45 years old and married, with two daughters of my own, but I'd never orchestrated a Thanksgiving feast — especially not the kind steeped in tradition with matching china and crystal goblets.

We're both big girls now, but my sister, 21 years my senior, was always the more grown-up one. She'd assumed the role of kitchen matriarch and seemed to relish the attention, though she never expected it.

She didn't inherit her culinary talents from our parents. Our mother, when she was alive, cooked on occasion, and when she did, it was heaven. But she was not much of a chef for the work it took, and, well, I kind of took after her. And our father, too.

Our mother ate dinners slouched on the sofa, sandwich plate in her lap (a trait I gleaned from her). Before my father died, he folded kosher baloney between pieces of white bread and, so as not to dirty a knife, plunged them straight into the French's mustard jar (I got that from him).



Nervous about Thanksgiving cooking? Make easy apple crisp instead of trickier apple pie.

Neither my mother nor I, however, agreed that his one-time Fish-Stick Stunt — eating prepackaged frozen fish sticks straight from the freezer — was worth imitating.

So from this legacy, my sister's transformation in the kitchen was most striking. Where she took charge of all things domestic, I happily called for take-out Chinese. While the Limoges dishes and Rosenthal stemware I received as wedding gifts remained packed away in foam peanuts, my sister managed to accumulate multiple sets of china and crystal collectibles from around the world — and used all of them.

Still, all her prepping and cooking was hard work. Setting the table took days of planning and hours to complete. Muted food shows played in the background as she stirred, whisked, and chopped. And sometimes, when she talked about Thanksgiving, I sensed the tension that came with turning on its head our family's legacy of never sitting down at a table to eat.

Once, I suggested we attempt a potluck version of the meal at my home. It was a lopsided expression of gratitude to her, because I was the first to admit that I would never, could never, create the Martha Stewart Thanksgiving that she did.

"No," she said. "I've always done it, and I'm not ready not to."

We never spoke of it again.

- Advertisement

Carob on its own merit What's not to like?

Brisket in bereavement Why we eat when we arieve

First Person

The Culinate 8



Slow food, redefined

Trying not to rush the

family meal

Foraging how-tos Finding your food

Most Popular Articles

Unexplained Bacon



Stir crazy How to make killer stirfry sauces

Editor's Choice



A winter-squash alossarv Seasonal favorites and how to cook 'em

Most Emailed



The Farm Bill backlash Trying to prevent a "secret" bill from getting passed

| Sugar daddy |
|-----------------------------|
| Going to the dogs |
| Stir crazy |
| The science of baking |
| A winter-squash glossary |
| The food not eaten |
| Talking turkey |
| I agree with McGee |
| |
| |

Holiday wine choices Sweet 16

> A winter-squash dlossarv Gingerbread nostalgia Tried-and-true holiday food gifts Home and away How to host a potluck

The food not eaten

Trail Bars Fish without fear The Farm Bill backlash Eggnog how-to **Roasted Chickpeas** Foraging how-tos Chocolate Sour Cream Bundt Cake with

Chocolate Glaze

Firing up the fall kitchen

When my sister told me about Seattle, she said, "You could always fly up there."

Memories of her extravagant meals flooded my mind. But I didn't have to think long. "Nope," I said, shaking my head into the telephone.

I needed to take wobbly baby steps to creep out of my sister's shadow. I'd grown into womanhood believing Thanksgiving belonged to her and, scared or not, this was my chance to claim it as my own.

"We'll miss you guys," I said.

"We'll miss you, too," she said.

LOOK

Mark Bittman's



How to Cook Everything

Vegetarian All of it. On your iPhone.

I looked at my tiny kitchen. We didn't have a grand dining room or a chef's oven, but we did have a stove with four burners and a brand-new microwave. Suddenly it seemed like more than enough.

I sat down to make a list, and it quickly became clear that I would require outside help, and not a maid or wait staff. I took it one step at time, my first being to order a precooked little Tom from Von' s along with the potatoes, corn, stuffing, and gravy. Whole Foods would be my supplier for glazed carrots.

Would I cook anything? Yes. I steamed green beans with garlic, and decided to make an easy, last-minute apple dessert.

Featured recipes Steamed Green Beans with Garlic Apple Orisp

When the big day arrived, we ate buffet-style on our everyday dishes. For dessert, we moved the feast to the family room and ate "couch-style," as my parents had liked to do, with a football game humming in the background. I followed a Betty Crocker recipe for apple crisp, served with whipped cream made right on the spot. The comforting aroma of cinnamon filled my kitchen as my daughters and I crowded around the

oven to see if the apples were ready.

So what if the stuffing took an extra hour to heat after defrosting, or if I overcooked the green beans a tad? I'd been worried that I couldn't pull off a holiday meal like my sister. All it took was altering my definition of perfection.

Domestically, my sister and I are very different; she prefers formalities and I lean toward ease. Yet, as the Thanksgiving host for the first time, I began to understand her pride of ownership about the day. It happened as my own gratitude swelled with every hug my husband gave me, and every time he told me how glad he was to be having Thanksgiving at our home. The kids helped clear the table, and I resisted the urge to explain again that I didn't exactly cook. I accepted their compliments as graciously as my sister would have.

No, it wasn't the same as dining at my sister's, but that didn't matter: I'd finally grown up. I'd realized that what I fed my family never had to be perfect, and neither did I.

Meredith Resnick's essays have appeared in such publications as Newsweek, the Los Angeles Times, and JAMA. She is the creator of The Writer's [Inner] Journey.

Related recipe: Apple Crisp; recipe: Steamed Green Beans with Garlic



A locavore's stuffing Apple Crisp

Web2PDF converted by Web2PDFConvert.com

| | The good-news view | Stuffing by touch and taste | past Celebrating the Day of the Dead | |
|---|--|--|--|--|
| | Tags american, auturm, children, fan | ily, holiday, seasonal, thanksgiving, <u>add tags</u> | | |
| | comment | | | |
| | There are 3 comments on this item Add a comment | | | |
| | 1. by Sandra Levy on Dear Meridith, | Nov 22, 2011 at 2:53 PM PST | | |
| | If you cook with love. That's as fancy as you need to get. Happy Thanksgiving. | | | |
| | 2. by Mike Gerke on Nov 23, 2011 at 1:57 AM PST | | | |
| | Lovely article Meredith | Lovely article Meredith. It's all about having some good food, and sharing it with the ones you love. | | |
| | pound turkey with stuf sauce along with som whipped topping (thou | I've been cooking the meal for the family the last few years and gotten pretty good at it. I usually make a 20 pound turkey with stuffing, mashed potatoes, gravy, green bean casserole, sweet potatoes, cranberry sauce along with some deviled eggs and veggie tray. Oh, and for dessert an apple and pumpkin pie with whipped topping (though I'm going with frozen Sara Lee pies and cool whip this year). It's a lot of work but I've gotten pretty good at it. | | |
| | for later on. Did I sayi | This year there's only 3 or 4 of us so I got a 13 pound turkey, although I have a 20 pounder in the freezer for later on. Did I say it's a lot of work. I think next year maybe I'll order a pre-cooked dinner as I think you've got something there. | | |
| | | n I made my first big meal for about 9 peop < with a beer and enjoyed watching everyo | | |
| | Anyway, I always enjoy | y reading your articles. Have a very happy t | hanksgiving this year. | |
| | Mike | | | |
| | 3. by Barbara Bietz or | n Nov 23, 2011 at 10:22 PM PST | | |
| | What a lovely family ce | elebration and the creation of a new tradition | on! | |
| | Add a comment | | | |
| | | | | |
| Contact Culinate Feedback 🔂 Main RSS Feed About RSS Privacy Policy User Agreement Advertisers Follow Culinate on 🛃 Facebook or 🔄 Twitter Copyright © 2006–2010 Culinate, Inc. All rights reserved. r6586 | | | | |